

# Heart Transplant Assessment Referral Form

STRICTLY CONFIDENTIAL

**Attention to:**

**Heart Transplant Physician**

**Dr:** \_\_\_\_\_

cc The Transplant Assessment Nurse  
Heart & Lung Transplant Unit  
St. Vincent's Hospital  
390 Victoria Street Darlinghurst  
Fax: 02 8382 3898  
Email: [svhs.heartlungclinic@svha.org.au](mailto:svhs.heartlungclinic@svha.org.au)

**Heart Transplant Physicians**

Prof Chris Hayward                      A/Prof Eugene Kotlyar  
A/Prof Andrew Jabbour                Prof Peter Macdonald  
Prof Anne Keogh                         Dr Kavitha Muthiah

**Referral Date:**        /        /

Date received by SVH (SVH Use only):        /        /

**Patient available for appointment within 10 days?**

Yes (Short Notice List)     No

**Overview:**

This form has been designed to streamline the referral process for potential heart transplant recipients. As a result, potential transplant candidates can be identified and formally assessed more efficiently.

Should you have any questions about this form or the referral process please contact the Transplant Co-ordinators at St Vincent's Hospital on 02 8382 3158.

- Please complete all sections. Any questions which are not applicable should be marked as N/A.
- When specific results are not available but have been requested please mark as "pending".
- Please attach all completed investigations and reports to the Transplant Assessment Form.

|                              |
|------------------------------|
| <b>Referring Specialist:</b> |
| Name:                        |
| Phone:                       |
| Fax:                         |
| Email:                       |
| Phone:                       |
| Provider number:             |

|                                     |
|-------------------------------------|
| <b>General Practitioner details</b> |
| Name:                               |
| Phone:                              |
| Fax:                                |
| Email:                              |
| Phone:                              |
| Provider number:                    |

|   |
|---|
| <b>Patient / client details:</b>  |
| Name:   |
| Date of Birth:     /     /  |
| Preferred name/s:   |
| Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female  |
| Title: <input type="checkbox"/> Mr <input type="checkbox"/> Mrs <input type="checkbox"/> Ms <input type="checkbox"/> Miss |
| Medicare No:  |
| Elective status: <input type="checkbox"/> Public <input type="checkbox"/> Private   |
| Preferred language:   |

|   |
|---|
| Address:  |
|   |
| Mobile:   |
| Phone:                          Work:   |
| Email:  |
| <input type="checkbox"/> DVA <input type="checkbox"/> Work Cover   Other <input type="checkbox"/> |
| Aboriginal/Torres Strait Islander: <input type="checkbox"/> Yes <input type="checkbox"/> No       |
| Interpreter required? <input type="checkbox"/> Yes <input type="checkbox"/> No                    |

## Overview referral

...

## Cardiac History

Primary Diagnosis: ...

Non Cardiac 1. ...

2. ...

3. ...

**Weight:** ...kgs      **Height:** ...m      **BMI\*:** ...

*\*If BMI >30 or <18 please refer to a dietitian*

**Current NYHA Class (Please select):**  1       2       3       4

**Heart rate** ...bpm  regular     paced     irregular - **Please attached recent ECG**

**Blood pressure:** ...mmHg

**Respiratory rate:** ...bpm      **Oxygen Saturation:** ...%

**Device Insitu:**  Yes       No

If yes, Date Inserted: ...      Health facility where inserted: ...

PPM       AICD      Brand of Device: ...

**Prior EPS studies:**  Yes     No    **If Yes, please attached all reports**

Year/s Performed: ...

**Prior Coronary Angiogram/CT Coronary Angiogram:**

Yes     No    **If Yes, Please attach all reports**

Year/s Performed: ...

**Prior Cardiac Surgery:**  Yes       No

Year/s Performed: ... **If Yes, please attach all reports**

**Smoking Status:** Current smoker  Yes     No    **If Yes, please refer to local cessation clinic**

Ex-smoker       Yes       No    If Yes, Date ceased: ...

Pack Year History date: ...

Current Serum Cotinine level: ...

Never smoked     Yes       No

**Medical History** Please complete all sections

**Current or previous :**

**Details:**

**Stroke**  Yes  No ...

**Respiratory Disease**  Yes  No ...

**Renal Disease**  Yes  No ...

**Last Creatinine:** ...**Date:** ... **Last Urea:** ...**Date:** ...

**Liver Disease**  Yes  No ...

**Diabetes**  Yes  No

**If Yes,**  **T1DM**  **T2DM** **On Insulin**  Yes  No **Recent HbA1c:**

**GI Disease**  Yes  No ...

**Family history Bowel Ca**  Yes  No **If Yes, please provide details** ...

**Any other relevant history:**

...

...

**Current Exercise Capacity**

**Exercise tolerance** ... (distance)

Formal 6 minute walk test performed?  Yes  No

If yes, Max distance ...metres Lowest saturation ...%

Performed on air / oxygen at ... litres per minute

**Currently attending Cardiac Rehab**  Yes  No **If No, please refer to a local Cardiac Rehab Program**

<https://svhhearthealth.com.au/Rehabilitation/Overview+of+cardiac+rehabilitation>

**Allergies:**

**Current Medication (list or attach print out)**

| Drug name | Strength | Dose / frequency / special |
|-----------|----------|----------------------------|
|           |          |                            |
|           |          |                            |
|           |          |                            |
|           |          |                            |
|           |          |                            |

**Family and Social History (Please complete all sections)**

Family support available: ...

Known to Social Worker:  Yes  No

If Yes, Name: ... Contact details: ...

Patients Current Accommodation:  Own  Rented  Staying with relatives

Alcohol  Yes  No Unit per week: ...

Previous heavy alcohol intake  Yes  No

Previous Illicit Drug use  Yes  No Type: ...

**Psychological assessment** Current or Previous History of:

Depression:  Yes  No Anxiety neurosis:  Yes  No

Panic attacks:  Yes  No Other Psychiatric conditions:  Yes  No

If Yes, comment).....

Known to Psychiatrist  Yes  No If Yes, Name: ...

Contact details: ...

**Required Investigation / Test Results: Please ensure the following results are attached**

**\*\*Should be completed <12Months of referral**

ECG\*\* Date performed: ...

Echocardiogram\*\* Date performed: ...

Chest x-ray\*\* Last performed: ...

Any prior thoracic imaging: Date performed: ...

**All films/CDs and reports must accompany patient to first visit clinic**

Overview of imaging results: ...

...

**Others Investigations (only if available) please attach results:**

Bone Densitometry Date performed: ...

CT Angiogram/Angiogram Date performed: ...

**Signature of Referring Practitioner** \_\_\_\_\_ **Date** \_\_\_\_\_